

Lord, you have been our dwelling place throughout all generations. Before even the mountains were born or you brought forth the earth and the world, from everlasting to everlasting you are God. **-Psalm 90:1-2** 

- 1. O God, our help in ages past, our hope for years to come, Our shelter from the stormy blast, and our eternal home.
- 2. Under the shadow of your throne your saints have dwelt secure; Sufficient is your arm alone, and our defense is sure.
- 3. Before the hills in order stood or earth received its frame, From everlasting you are God, to endless years the same.

--ELW #632, "O God, Our Help in Ages Past"

Dear Friends in Christ—grace and peace to you in Jesus' name. Amen.

I can't imagine that our recent news hasn't reached ever corner of our congregation at this point, but just in case: on Monday, February 7, following a needle biopsy on enlarged lymph nodes in my neck and upper chest and a month of increasing pain in my lower back and gut from what I thought were from not sleeping on my own mattress while Christmas vacation and a stomach bug, respectively, I heard the news from an oncology doctor that I have Diffuse (it's throughout my body) Large B-Cell Non-Hodgkins Lymphoma. Later that week, after gut pain that again sent me to the ER and an immediate bed in the oncology ward at the St. Cloud Hospital for my first cycle of chemotherapy, we also learned that the genetic markers that help specifically identify this form of NHL (Non-Hodgkins Lymphoma) indicate that this is a particularly resistant variety, though nonetheless treatable, called "double hit."

Out of all of this, here is what we know for certain:

- My first cycle of chemo (Wed., Feb. 10 Fri., Feb. 12), immediately shrank the enlarged lymph nodes in my neck, upper chest, and lower abdomen. (The pain I was reporting as "back" and "stomach" pain was actually these enlarged lymph nodes pressing on my left kidney.) Since that first cycle, I have been relatively free from pain, and what pain has been left has been able to be managed just with over-the-counter meds.
- What discomfort I have continued to experience has been mainly the result of side effects of my pain meds, and everything I once knew as normal, at least for now, including my appetite, daily strength and vigor, and the functioning of my bowels, will be kind of a daily "surprise."



- My chemo cycles, if all goes as expected, will follow a <a href="mailto:the">three week cycle</a>, and because of that "double hit" genetic marker, the chemo cocktail I'll be receiving will <a href="mailto:come">come in</a> hospital. So beginning <a href="mailto:Monday">Monday</a>, <a href="mailto:February 28">February 28</a>, I will be back in the hospital for 96 straight hours (4 24-hour days) of chemo drip and observation to make sure my body doesn't do anything wacky in response to the cancer poisons being pumped in. When I am released (hopefully on <a href="mailto:Friday">Friday</a>, <a href="mailto:March 4">March 4</a>), I will have virtually zero immune system until I am able to go back in for an out-patient injection that will stimulate my bone marrow to produce all the good stuff I need to naturally fight off potential infection.

  Including Cycle #2 coming up on 2.28, I will have 5 more cycles, for a total of 6, that will carry my recovery time into the middle of June. <a href="mailto:And">And</a>, depending on what all my tests show at that point, we will either be looking at remission or more treatment. <a href="mailto:Per the doctors">Per the doctors</a> own language: "We will be treating this toward a cure."
- Over the next 10 14 days, my body will continue to strengthen and build back up, until, if all goes as anticipated, I am able to be in cautious circulation around other people, including worship, provided I am feeling up to it. So at this point, I am planning to be present in worship to preach every third
   Sunday or so. Apart from that, I cannot anticipate being present or engaged in a daily way with our congregation's mission and ministry.
- That being said, we are in the process of putting together a short-term, part-time interim arrangement with **Pastor Angela LaMoore** (Please see her letter of introduction after my Mash.), whose main responsibilities will be preaching, leading worship, teaching classes, and whatever meetings may be needed to continue to maintain the momentum in our mission and ministry that we have been anticipating for 2022. Pastor Angela will be present every Tuesday, Wednesday, and Sunday beginning Ash Wednesday, March 2 and continuing through Sunday, June 12.
- All other oversight and mission within our congregation will continue to be overseen by our council and Liz, our office administrator.
- Most of our regular small groups will continue to meet!
   Tuesday morning Bible study will resume <u>Tuesday, March 8, 10am</u>. Pastor Angela will be a part of this.
  - **Saturday morning Men's Breakfasts** will move to the **4th Saturday of the month**, **Sat., March 26, 8am.** As always, we're looking for guys to provide breakfast. Pastor Ralph will convene this group.
- Many of you have asked, "What can I do to support you?" or have stated, "Say the word, and I'll be there to help out." <u>Honestly, the most helpful thing any of you can do is continue to grow back into being a part of our regular mission and ministries:</u>
   Ash Wednesday starts our Lenten season on March 2—dive in to Lent!
   Volunteer on Sunday to help out with worship and fellowship.



**Council is laboring to rebuild our committee structure—HOW CAN YOU HELP?** Specifically, we are looking for willing and joy-filled help with just about every aspect of our congregation's needs: Stewardship, Finance, Fellowship, Music & Worship, Education, and Property.

**Be regular and generous with your gifts**. Our main budget increase this year came with eye toward <u>deferred maintenance and up-keep that has been long overdue.</u>

FOR THESE THINGS TO CONTINUE, TO GROW, AND PERHAPS EVEN TO FLOURISH—yes, EVEN with our latest trial and set-back—would be the best thing I could imagine for my peace of mind and thus, my healing.

Finally, dwell on these words: Psalm 90—the psalm from which is drawn the classic hymn "O God, Our Help in Ages Past"—speaks of the eternity of God and the fleeting, passing life that is ours. Part of what makes God "God" is that God is not bound by time or space! For our part, we mortals are THOROUGHLY grounded in time and space: "The length of our days is seventy years—or eighty is we have the strength" (v. 10). We live and breathe and have our meaning rooted the earth over whatever the span of our lives, like a breath, like grass that is here today and withered tomorrow, like a countdown ticking away—all images that the Psalm evokes. **And yet, for God's eternity and our timeliness, the psalmist is certain that even our temporary nature is tied up in God's eternity.** God is beyond space and time. We are fettered to them. And yet, we and God ARE.

I am hope-filled and confident in the medical care I am receiving. But I would be lying if I didn't also acknowledge the glimpse of my own limited mortality that the word "cancer" being applied to my very life brought with it.

The apostle Paul closes his letter to the church at Philippi with these words:

4 Rejoice in the Lord always; again I will say, Rejoice. 5 Let your gentleness be known to everyone. The Lord is near. 6 Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. 7 And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

I can not even begin to describe to you how these words have taken root in my heart and mind over the last whirlwind of a month. Come what may, Christ has sealed God's promises to me, promises that I will not be abandoned, and that neither life, nor death, will be final word in my life. Only, Christ and Christ crucified.

Thank you for your care, concern, prayers, and support throughout our ordeal. Your cards and notes and yummy food truly matter deeply to my spirit and to our family.

Love in Christ—Pastor Mike



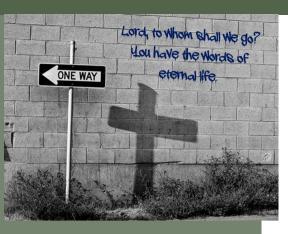
Grace and peace to you, Trinity Lutheran Church! My name is Pastor Angela LaMoore, and I will be helping to fill in for Pastor Mike as he undergoes treatment for his recently diagnosed lymphoma. My primary roles will include preaching, leading worship, and teaching classes as needed, but know that I am here to support this congregation in whatever ways I can in Pastor Mike's absence!

To tell you a little about me... I currently live in northeast Minneapolis with my husband Morgan, our three-year-old son Joshua, and our two cats, Buffy and Willow. I have been on leave from call (fancy way of saying "taking a break") since the beginning of 2021 in order to focus on my family and act as a stay-at-home mom, particularly in this time of pandemic. My last call was to a congregation Pastor Mike and I have in common on our resumes: South Santiago Lutheran in Clear Lake, MN. My last call was also my first call; I was ordained at South Santiago in August of 2018.

My road to ministry, like so many, was a bit circuitous. I was raised in the ELCA growing up in Burnsville, MN, but God's call to the ordained track took some time. My original plan had been to study biology and eventually enter into the realm of cancer research. I received my BS in biology from MIT in 2008 and later enrolled in a PhD program at the University of Washington, Seattle. I was a few years into my program when God began to reveal a different plan. I left UW with my MS in biology and enrolled in seminary in Seattle, not yet knowing exactly where God was leading. The short answer was that God was leading me home, in more ways than one. In 2013, I moved home to Burnsville to help care for my aging grandfather. In 2014, I transferred to Luther Seminary in St. Paul. That same year, I also met the wonderfully nerdy electrical engineer I would marry two years later. During my time at Luther Seminary, God (slowly and with infinite wisdom) continued to unveil the path before me, which eventually led to my seeking an ordained call in the ELCA.I graduated from Luther in December 2017, and the rest, as they say, is history.

I look forward to getting to know one another a little better over the course of these next three months as we worship and grow together as disciples of Christ. May God bless Pastor Mike, his family, and this congregation as we travel this road together!

Love in Christ, Pastor Angela



## Turning Toward God's Abundance: Life, Faithfulness, Forgiveness, Love, Compassion, Mercy

Lent is a season of repentance. In our human shortcomings--whatever they may be, from distraction and dissipation through daily life, to an outright wandering away from God and God's ways—to repent is to turn and re-turn to God, asking for GOD's goodness to wipe away our sins and show us how to live anew.

Lent also turns us toward Easter and the abundant life God will offer, even through the passion and suffering that Jesus shares with our humanity on Maundy Thursday and Good Friday.

Our theme this year—Turning Toward God's Abundance—names in its very title the source of our life, even in our shortcomings. It is GOD'S abundance from which we draw in order first to be forgiven and second, to be made new. **Each week, then, we will be invited to focus on six divine attributes, drawn mainly from the Gospels: faithfulness, mercy, compassion, forgiveness, love, and life. We will be invited to notice first, GOD'S faithfulness, GOD'S mercy, GOD'S compassion (and so on).** But then, second, we will also be challenged to consider how it is that we, even in our human fallenness, can also, through the gift of the Holy Spirit, embody that same attribute of God.



# ASH WEDNESDAY—March 2, 7pm: Introduction: Turning Toward God's Abundance Pastor Angela LaMoore Text: John 6:53-60, 66-69 "Lord, to Whom Shall We Go?"

After Jesus had fed the 5,000—with loaves and fish that had been donated by a small boy—the crowds continue to follow him, looking for Jesus to continue to provide for them and to feed them. But, of course, it's not just about the bread that filled their bellies. The point of the miracle—in John's Gospel, they're called "signs," for they point to Jesus as God's Word made flesh—is to draw those who witnessed the sign to God through himself. And so Jesus begins to teach them that HE is the bread who gives life ETERNAL. But it is more than some could take. And many begin to abandon Jesus. So turning to his disciples, Jesus asks them: "Aren't you going to leave too?" And for once, Peter gets it right: "Lord, to whom shall we go? YOU have the words of eternal life. We believe and know that you are the Holy One of God." JESUS is the source of GOD'S abundance of life and faithfulness and forgiveness and more. And JESUS is the sources of OUR living out of God's abundance. May Peter's confession be our guide throughout this season of turning toward God's abundance.



Lent 2-March 9, 7pm: Turning Toward God's Abundance: Life

Pastor Mark Brouwer, Bethel Christian Reformed Text: John 10:11-18 Jesus, the Good Shepherd Pastor Angela @ 1# Congregational



Lent 5—March 30, 7pm: Turning Toward God's Abundance: Love
Pastor Shari Routh, Good Shepherd/Glendorado Lutheran Parish
Text: John 12:1-8 Mary Anoints Jesus
Pastor Angela – Off and at Trinity



Lent 3-March 16, 7pm: Turning Toward God's Abundance: Faithfulness

Pastor Paul Brown, Immanuel Lutheran
Text: Luke 4:1-13 The Temptation o

Text: Luke 4:1-13 The Temptation of Jesus Pastor Angela @ Glendorado Lutheran



Lent 6—April 6, 7pm: Turning Toward God's Abundance: Compassion

Pastor Bill Marschall, 1st Congregational Text: Luke 13:1-9 The Barren Fig Tree

Pastor Angela @ Immanuel Lutheran



Lent 4—March 23, 7pm: Turning Toward God's Abundance: Forgiveness
Pastor Kevin Fox, Freshwaters United Methodist
Text: Luke 15:1-3, 11b-32 The Prodigal Son

Pastor Angela @ Freshwaters United Methodist



## **DELICIOUS FOOD MENU**







SOUP



SOUP

Lent just wouldn't be the same without our Lenten Soup Suppers. Share your favorite soup, break bread and please pass the milk!! The sign up genius is out. Please see the link below or use the boards in the Narthex today!!

# First Soup Supper is MARCH 2

Visit https://bit.ly/3LNx9eu to Sign up today!!



Our deepest Christian sympathies to the family of Jamie Lundberg. Jamie's funeral service was held here at Trinity on February 17th, 2022.

Our Deepest Christian sympathies to the Lueck families as the mourn the loss of Janice Lueck. A Funeral service for Janice was held on February 16th, 2022 at Zion Lutheran Church.









### Pan Clean-Up

Trinity will be cleaning out the kitchen area. Mainly the extra baking pans and such along the right side of the shelving. If you think you may have left some behind - please check today! If anything is left after the middle of the monthly - they will be donated! Thanks!

## **Table Setters—Preparing the Altar for Worship**

In our homes, we teach our kids to help out with basic chores for the good of the family and to grow in service. It is no different for the House of God—we are looking for a few more folks to help set the table for Sunday worship. It's not a difficult or complicated service, and we have families with kids even who help out. If this might be you... Or , if you'd like to find out more, please contact Linda Zarns or the office to get trained in today! Izarns42@gmail.com

## **Counters Needed**

Trinity is still looking for a few more people who can help in counting. Do you enjoy working with people and doing a little math. Please contact the office and we will get you set up with someone to train you in.

A very special Thank you for the Valentines Day basket! It was a very nice surprise and much appreciated! --June Kunkel

Thank you for the Valentine gift!

Margaret Thiel









## Altar Flowers - 2022 Sign up is out

Sign up for altar flowers today! This is a great way to acknowledge an anniversary, birthday or loved one. The sign up is located in the Narthex. Cost of the arrangement is \$15. Payment can be made by noting FLOWERS anywhere on any of your donation (online or in person) or you can drop payment by with the office. Please take your arrangement home after the service that Sunday.

### **SMALL GROUP STUDIES**

#### Men's Breakfast

Men's Breakfast is the 2nd and 4th Saturdays, 8am at the Church. Our next sessions will be Only - Sat. March 26th.

## **Tuesday Morning Bible Study**

Meets Tuesday mornings at 10am in fellowship hall.

## Women's Bible Study

We Meet the 3rd Thursday of the month. We will gather in the fellowship hall next on **Thursday**, **April 21st at 9:30am**.

#### **PRAYER SHAWL MINISTRY**

Our group knits Prayer Shawls to be given to those who need God's arms wrapped around them in the time of need. Baby shawls are given to children who are baptized, and caps/scarves are given to support the Twin Ports Seafarers Ministry. All shawls, caps and scarves are blessed before they are given away. Please join us in the choir room during coffee hour.

# AA Meetings, Open & Welcome to All - Thursdays, 7pm here at TLC

If you think you have a problem with alcohol-please attend. If you're interested in attending an AA meeting but this time doesn't work for you other meetings can be found by searching online using "AA Meeting Locator".

## **Living IT Schedule and Updates**





Living IT (Grades 6th to 12th)

Wednesday's at Trinity 5:30 Dinner 6:30 Worship 7:15 Small Groups

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## Easter Baskets



Help the Youth fund raise by putting together some gift baskets for a silent auction! Baskets can be any theme you'd like! They can be dropped off at the office anytime between now and MARCH 20th.

**Bidding Starts:** March 27th

All proceeds go to Living IT mission trips!

Bidding Ends: April 10th



Time/Sheets

\*\*Holv Week \*\*

**April 10 - Palm Sunday** 

**April 13 - NO CONFIRMATION** 

**April 14 - Maundy Thursday** 

**April 15** - Good Friday

**April 17** - Easter Sunday

April 20 - Philemon - Paul,

Philemon, Onesimus

**April 27** - Revelation 21: 1-6a





Feel like making a valued investment in our youth? Then Youth Stocks might be for **YOU**!

Stocks available in \$25, \$50 or \$100 options! Buy Anytime!!



Join Us 4:30-6:30pm 2022

January 27th February 24th March 24th April 28th May 26th June 23rd July 28th August 25th September 22nd October 27th NO NOVEMBER MEAL

December 1st

A free meal from 4:30 –6:30 pm

Trinitv Crossina 111 6th Ave N, Princeton Good Eats with



This is a partnership event of Trinity Lutheran Church and Christ Our Light Catholic Church For more information contact:

Either church office OR princetontable@gmail.com OR find us on Facebook

Mondays 6:30-7:30 pm

March: 7, 14, 21, 28 April: 7, 14, 21

Where: Trinity Crossing 112 6Th Avenue N Princeton, MN

Cost: \$72.00 Bring a Yoga mat, towel and water ALL levels are welcome! Questions? Call/text JennieRuth Warren 763-220-9526 yogajennieruth@gmail.com



#### REMINDER:-PLEASE HELP US MAKE FINANCAL HEAD WAY TODAY!

**REGULARITY** is what we need more than anything!! But regularity is usually what we are lacking during the summer months. Please be mindful of such dynamics and your role in that as we anticipate our summer months.

As there have been throughout the pandemic, there are still any number of ways to give:

- · **By Mail**—Simply drop your gift in the mail: Trinity Lutheran Church, 111 6th Ave. N, Princeton, MN 55371
- · On-line—You can visit www.trinity-princeton.org and give RIGHT NOW, if you want, and that gift can also be set-up to come in a recurring way. (This is from our website, scroll down and click on the offering plate image there.) This is THE most efficient way of signing up for Simply Giving, which is administered by Vanco, one of the most secure e-commerce companies in the industry.
- · **Automatic Withdrawal**—Contact your bank.
- · **By App**—Both the Apple and Google Play app stores have a free app called **"GivePlus."** Once downloaded to your device, simply search for "Trinity Lutheran Church, Princeton, MN"; follow the directions for registering; and set-up your giving in whatever way works for your faithful generosity, one time, recurring, or whatever.
- · In-Person--We have I-pads set-up to receive your debit or credit cards for those who don't travel with cash or checkbooks. And, of course, our offering plates are always available to receive your gifts.

Thank you again for supporting God's mission for us! THANK YOU FOR YOUR GENEROSITY!!

#### **Members**

Tony Alferness Jeri Ann Bredemus Joy Christenson

Jim Dery
Susan Deyle
Katey Donais
Lainey Druar
Bob Duncan
Dale Dunham
Marlys Hanson
Bruce Lacher
Greg Larsen
Lee Family
Del Liestman

The Lueck families as they mourn the loss of Janice

Lueck

Eric Lukkari

Tanya & Addy Lundberg & Families as they mourn the loss of Lamie Lundberg

Chellis Matz
Jean Miller
Emily Nelson
Ed Peterson
Judy Peterson
Bev Reed
Warren Reed
Dina Scandinato
Wayne Senne
Carol Skare
Matt Skarohlid
Brenda Smith

Prudence Tessmer & family

Ardy Tourville Barb Wicktor Russ Wicktor Dean Winslow

Anne Stevenson

loyce Tessmer

Ginny Winslow Clint Zeug

## **Prayer List**

### **Family Members & Friends**

Melaina Anderson (Joyce Anderson's grand daughter)

Ben (Judy & Bill Hilliard's nephew son's )

Peter Berry (Mary Berry's son)

Diane Boser (Friend of Dan & Jean Anderson)

Tim Bost (Mark Bost's brother) Gene Brown (Pastor Mike's uncle)

Caitlin Christenson (Kenny & Joy Christenson's

daughter in-law)

David Doerfler (Pastor Mike's uncle) Rachel Fadden( friend of Ron & Judy

Peterson/Jim & Jan Dery) Jan Gale's daughter Jamie

Joan Gessar (Courtney Hoppe's mother in-law) Johnathan Gillette(friend of Liz Christensen) Pastor Karl Jacobson (friend of the Pancoast

family)

Dick Johnson(Barb Senne's brother)

Patrick Kavanagh (friend of Jan Wittnebel's

family)

Evelyn Kingma (June Kunkel's sister in-law) Randall Lundgren (Debi's Pederson's nephew)

Dale McLaen (Darcee Larsen/Laurel

McKenney's brother in-law)

Esther Neussendorfer (Danette Scepurek's

grandmother)

Janice Omtvedt (Ingrid Bavier's mother) Elliott Pancoast (Pastor Mike's dad)

Tracy Pidde( Princeton 3rd grade teacher)
Amanda Ridout (friend of the Pancoast Family)

Marion Rova (Chuck Warner's sister) Rob Savage (Friend of the Keller family)

John Schmid (family of Mike & Linda Baumann)

Andy Struthers (Maria Barlage's brother) Mauricio Trujillo (friend of the Patnode and

Miller families)

Patty Thul's Sister Sheri

Scott Wallin (Char Kramersmeier's son) Ronda Wetzel (daughter of Andrea & Ron

Sandusky)

## **Serving in the Military**

Andrew Anderson
Andrew Barthel
Claire Barthel
Jacob Benver
Eden Betzler
Lacee Broding
Riley Broding
Ronald Duresky
Riley Forland
Derek Hanson
Hunter Lestrud
Kenzi Lytle

Anthony Mandt David McCarney John McCarney Zachary Morisset

Ben Noard Parker Pedersen Mario Scandinato

Jaden Thimmesch